

Rotary Club of Mitcham

District 9810 Victoria Australia



**Guest
Speaker**

**Ines Forlano
Harvey World Travel**

Bulletin

Tuesday 11th September,



Harvey World Travel is one of the longest established retail travel agencies in Australia, with the first Harvey World Travel agency having been opened in May 1951. It has now grown to having over 500 travel agencies throughout Australia, South Africa and United Kingdom.

As all our travel agencies are managed by the person who owns the agency, it means they have a personal interest in providing quality customer service and making sure your travel experience is both enjoyable and rewarding. All our offices are designed to give you the opportunity to discuss in comfort all aspects of your travel arrangements



with our consultants, whether it is a substantial overseas holiday or just a short bus or rail journey. Take the opportunity to speak to any one of our friendly and knowledgeable consultants.

With Harvey World Travel agencies located in all city centres and in many regional areas in Australia, you can be assured there will be a Harvey World Travel agency located close to you



Rotary Club of Mitcham Newsletters for the current Rotary Year are viewable in the **NEWS** section of: www.rotarymitcham.com



September 2007

Eva Anderson 24th



Wedding
Anniversaries

Merle and John Atkinson 8th

Gayle and David Murray 11th

Rotary Grace

For good food, good fellowship
and the opportunity of service
through Rotary, we give thanks.

The Rotary Club of
Mitcham needs you!

Helping Hands

The Rotary Club is looking for volunteer
shop attendants to help assist in the
continued running of our local op-shop.

Why not come and spend a few hours in our
fun and happy environment and
help support our community
and have fun too!



Please call John Atkinson on
9873 3322 for more details!



PAUL HARRIS FELLOWS

Presented by the Rotary Club of Mitcham

1979 Geoffrey Prior	1999 Chris & Ian McColl
1980 Dr John Munro	1999 John Varley
1983 Bruce McLaughlin	2000 John Cook
1986 Maxwell Bloom †	2000 Jean & Ray † Rose
1988 William Wood†	2000 Brian Bergin
1988 Alan Fraser	2001 Christine Ryan
1989 Tony Gibson	2001 Bill Mudford
1989 David Gawler	2001 John Atkinson
1991 Dr Peter Brown	2002 Wayne Lucas
1991 Robert McDowell	2002 Denis Bunn †
1991 Bruce Wainwright	2002 Michael Edney
1993 Ronald Slattery	2002 Peter McPhee
1994 Vic Dye	2003 Dawn & Graham Whiteside
1995 Fr Kevin Dillon	2003 Keith Nunn
1995 Kenneth Rose	2004 Brendan Tunstall
1997 David Murray	2004 Colin Spencer
1998 Ian Young	2005 Fred Wiffrie
1998 Ron Frederick	2006 Les Marton

PAUL HARRIS FELLOW SAPPHIRE AWARD

2002 Bruce Wainwright

2004 Tony Gibson

2004 John Atkinson

2007 Brian Bergin (Dec)

FOUR AVENUES OF SERVICE AWARD

2000 John Atkinson

AUSTRALIAN ROTARY HEALTH RESEARCH FUND COMPANIONS

1994 Roy Knudson † 1996 Dr Peter Brown 1999 David Murray

Officers for 2007/8

BOARD	PORTFOLIOS
President Sharon Partridge	Membership All Members
IP President: Eva Anderson	New Generations Sharon Partridge
Pres. Elect: David Ayliffe	Communication/Marketing, Public Relations and Photography: Eva Anderson
Vice President : TBA	International and on to Conference: David Ayliffe
Secretary: Jack Butler	Vocational Service: Ivan Munoz
Treasurer and Fundraising: John Atkinson	Fellowship: Bill Mudford
Philip Daw	Attendance: Michael Edney
	Foundation: Ron Frederick
	Bulletin and Program: Wayne Lucas, Philip Daw and Colin Spencer
	Sergeant and Community Service: David Murray



Partridge Prose

Good afternoon,

1. Saturday morning President meeting with all 6 Whitehorse Clubs and Rotaract's new president Andrew Brett.

2. We need to register the Club constitution and by laws with Mckean & Parks and with consumer affairs this is stream line so that all clubs are working off the same page.

3. The bonus money coming from R.I. had to be spent on an overseas project, so the \$750.00US from the matching grants

money meant we need to join with another Rotary Club and work on a project that is over \$5,000.00 to be eligible to use the money; so we had to join in with other clubs or forfeit the money coming from the R.I. matching grant. There are many great needs in Timor and this one will create jobs and get a budding business off the ground. Part of the money will be used to build a dam in Oecussi Enclave, Timor-Leste, to water the coffee plantation that Whitehorse Friends of Oecussi and Rotary planted 2 years ago. The other part is allocated to putting Solar power in remote villages in the Oecussi area. These are two projects that Rotary Mitcham can be proud of. Our contribution will accelerate changes in the East Timor population to one of increased self-sufficiency.

The Whitehorse Spring festival is on the 7th October. We need help on the roster from 8.30 to 4.00 pm. Closer to the date I will get more details. The Duck Race that I spoke about in June is starting to "grow feathers" which is exciting news. April next year is likely, so lots of work ahead to develop this event into a great fundraiser and community day with friends and family. On 18th of November it will also be held in South Australia. The A.D.G., myself, and others will be going to see how it can become a District annual event. You will never know, until you try some of these ideas out.

We had a fabulous day today for the Farmer's market many stalls with lots of happy buyers and sellers.

Our Board has approved funds to go to assist a brilliant young student to attend the (NYSF) National Youth Science Forum, to be held in Canberra on January 2008. She is part funded by us, Forest Hill Rotary Club and Kingswood College in Box hill. I am delighted that we will assist this family, enabling their daughter to attend. Friyana is a well spoken, articulate young lady who also won the 4-Way Test Public Speaking Contest in South Australia last year. We wish her every success now and in the future. Friyana has agreed to speak to the club next year after the NYSF.

I will be in Benalla this week as the rep. for Mitcham, with the other Presidents or their reps, on the Drought Relief Board to be there for the hand over of the Commercial Fridge that the Whitehorse Cluster Rotary clubs helped to fund, helping our country cousins. It will be badged up naming the clubs in the City of Whitehorse that contributed to it. The Benalla Rotary club runs the food bank with support of the City of Whitehorse Clubs helping with funding.

Shaz

Advance Australia Fair

*Australians all let us rejoice, for we are young and free
We've golden soil and wealth for toil, our home is girt by sea
Our land abounds in nature's gifts, of beauty rich and rare
In history's page let every stage, advance Australia fair
In joyful strains, then let us sing
Advance Australia fair*

This Week ...

Tuesday 11th September 2007

Guest Speaker - Ines Forlano

Harvey World Travel

President Sharon Partridge

Desk for August.: Eva and David

Chairman - John Atkinson

Stress

A lecturer when explaining stress management to an audience, raised a glass of water and asked 'How heavy is this glass of water?'

Answers called out ranged from 20g to 500g.

The lecturer replied , "The absolute weight doesn't matter. It depends on how long you try to hold it.

If I hold it for a minute, that's not a problem. If I hold it for an hour, I'll have an ache in my right arm. If I hold it for a day, you'll have to call an ambulance.

In each case, it's the same weight, but the longer I hold it, the heavier it becomes.'

He continued,

'And that's the way it is with stress management. If we carry our burdens all the time, sooner or later, as the burden becomes increasingly heavy,

"we won't be able to carry on. '

'As with the glass of water, you have to put it down for a while and rest before holding it again.

When we're refreshed, we can carry on with the burden.' 'So, before you return home tonight, put the burden of work down . Don't carry it home.

You can pick it up tomorrow.

Whatever burdens you're carrying now, let them down for a moment if you can.' So, my friend, Put down anything that may be a burden to you right now. Don't pick it up again until after you've rested a while.

Here are some great ways of dealing with the burdens of life:

- * Accept that some days you're the pigeon, and some days you're the statue.*
- * Always keep your words soft and sweet, just in case you have to eat them.*
- * Always read stuff that will make you look good if you die in the middle of it.*
- * Drive carefully. It's not only cars that can be recalled by their maker.*
- * If you can't be kind, at least have the decency to be vague.*
- * If you lend someone \$20 and never see that person again, it was probably worth it.*
- * It may be that your sole purpose in life is simply be kind to others.*
- * Never put both feet in your mouth at the same time, because then you won't have a leg to stand on.*

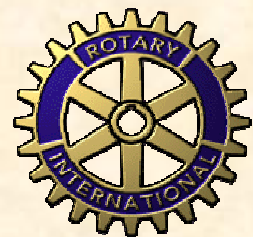
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More on Stress

- * *Nobody cares if you can't dance well. Just get up and dance.*
- * *Since it's the early worm that gets eaten by the bird, sleep late.*
- * *The second mouse gets the cheese.*
- * *When everything's coming your way, you're in the wrong lane.*
- * *Birthdays are good for you. The more you have, the longer you live.*
- * *You may be only one person in the world, but you may also be the world to one person.*
- * *Some mistakes are too much fun to only make once.*
- * *We could learn a lot from crayons... Some are sharp, some are pretty and some are dull.*
- * *Some have weird names, and all are different colours, but they all have to live in the same box.*
- * *A truly happy person is one who can enjoy the scenery on a detour.*
- * *Have an awesome day and know that someone has thought about you today...I did.*

All funds applied to Rotary Community Projects in Whitehorse

**Over
80
Stalls**



**After another successful event, make sure you join us at
the next market on Sunday, October 14th 2007
8.00 am to 1.00 pm at:
The Whitehorse Civic Centre 279 Whitehorse Rd
Nunawading. Enquiries 0438 550068**

Diary Dates

September 2007

- Tuesday 11th 1:00 pm RSL Mitcham - Guest Speaker - Ines Forlano - Harvey World Travel
- Tuesday 18th 1:00 pm RSL Mitcham - Guest Speaker - Therese Kelly - Taralye
- Tuesday 25th 12:00 pm RSL Mitcham - Guest Speaker - John Natoli - Tyrepower

October 2007

- Tuesday 2nd 1:00 pm RSL Mitcham - Club Forum, Business Matters, Member's Profile.
- Tuesday 9th 1:00 pm RSL Mitcham - Guest Speaker - Margorie Morgan OAM - Box Hill Historical Society.
- Tuesday 16th 1:00 pm RSL Mitcham - Guest Speaker - TBA
- Tuesday 23rd 1:00 pm RSL Mitcham - Guest Speaker - Julie Parke - Road Trauma Support Team
- Tuesday 30th 1:00 pm RSL Mitcham - Guest Speaker - Geoff Tickner - Shelter Box

November 2007

- Tuesday 6th 12:00 pm Redbox Vineyard Kangaroo Ground Melbourne Cup Day Barbecue
- Tuesday 13th 1:00 pm RSL Mitcham - Guest Speaker - TBA
- Wednesday 14th 12:00 Ringwood Golf Club - Camp Quality Golf Day
- Saturday 17th 11:00 am Camp Quality Christmas Party Campbelltown Miniature Railway
434 Belgrave Hallam Road, Narrewarren Nth
- Tuesday 27th 1:00 pm RSL Mitcham Guest Speaker - District Governor Dick Garner.

December 2007



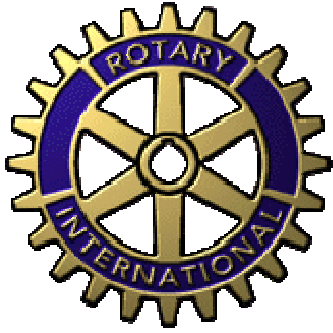
... of the things we think, say or do.

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?

The Rotary Club of Mitcham

Annual Golf Day

Wednesday 14th November 2007



12 Noon 2 Tee Start
Ringwood Golf Course

Canterbury Road, Ringwood (opposite Cadbury's)

Tournament Naming Sponsorship

It's Your Tournament - \$2,000

(All benefits same as Gold Sponsor)

Gold Sponsor - 12 Players on the day \$1,500

Prominent Hole for signage and display of advertising.

Large advertisement in monthly Camp Quality Magazine & Rotary Bulletin

Silver Sponsor - 4 Players on the day \$500

No. 10 Hole with large signage.

Advertising in Camp Quality Magazine and Rotary Bulletin

Bronze Sponsor - 2 Players on the day \$300

Advertising on a hole

Advertising in Camp Quality Magazine & Rotary Bulletin

Individual Players - Each \$50

SUPPORTING



Hole Sponsorship Program

Includes: Green Fees, Light Lunch & Presentation Cocktail Party for each Player.

- 18 Holes of Golf on a course rated in the Top 10 Public Courses in Victoria Ambrose Competition
- Advertising at the tee of one hole for one week prior to the event. (Your banner if preferred).
- Attendance at the end of the day Presentation Cocktail Party at the clubrooms, all inclusive. Bring your non playing partner or friends to the cocktail party for only \$25 each.
- Participation in various hole competitions: Closest to the pin, longest drive, straightest drive, etc.

Contact.....John Atkinson 9873 3322

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