

## Guest Speaker

## Stephen Willis Melbourne Ambulance

## Bulletin

Tuesday 13th November, 2007

Stephen is Business Development Manager within Ambulance Victoria First Aid having completed a Master of Marketing at Swinburne in 2006. His role is to promote and sell first aid training and products, including defibrillators.

Stephen's talk will focus on the Ambulance Heart Attack Pack and the role of defibrillators.

### *Ambulance Heart Attack Pack*

Provides Defibrillator training for up to 16 employees  
Critical life-saving links direct from the Ambulance service '000' Quality First Aid  
Defibrillator  
Defibrillator 'how to' manuals  
Accredited Defibrillator certificates

*Each year the Victorian Ambulance Service attends over 4,600 cardiac arrests. And sadly fewer than 5% survive.*

Although paramedics are highly trained medical practitioners and carry the latest equipment on board, they cannot always get to the patient on time to make a difference.

Cardiac arrest strikes Australians of all ages and for every minute that defibrillation is delayed the chance of survival decreases by about 10%.

A person's best chance of surviving is to receive a shock from a defibrillator within the first 5 minutes of collapsing.

But a quality first aid defibrillator plus genuine Ambulance Victoria first aid training on site work better

### Program Essentials



Rotary Club of Mitcham Newsletters for the current Rotary Year are viewable in the **NEWS** section of:  
[www.rotarymitcham.com](http://www.rotarymitcham.com)

The Ambulance Heart Attack Pack is a program that works with industry to align their cardiac arrest training and procedures with the emergency response provided by Ambulance.

This program directly links an organisation to the Ambulance Communication Centre (000), by registering a defibrillator and workplace procedures to a "location of interest" database. When needed, this valuable information is relayed to the Ambulance Paramedics on route to the scene as well as to staff within the workplace. Supported with the experience and knowledge of highly trained paramedics and instruction with quality first aid defibrillators, the program provides an organisation with the essential skills and equipment to ensure employees survive an incident.

### Technology so advanced

Modern day First Aid Defibrillators have not just been designed for professional paramedics but also for the ordinary person to use with ease and assurance 'in the heat' of an extraordinary moment. They're compact, lightweight and easy to carry to a patient's side. So sophisticated and user friendly, they provide first-aid care givers with clear, simple-to-follow voice instructions that calmly guide them through each and every step of administering life-saving defibrillation and CPR treatment **with no risk of harming the patient, but every chance of improving the survival rate.**

All it requires to work best, is for an organisation's people to receive the best training from Ambulance Victoria.



## November 2007

Colin Spencer 19th



## Wedding Anniversaries



## PAUL HARRIS FELLOWS

Presented by the Rotary Club of Mitcham

1979 Geoffrey Prior	1999 Chris & Ian McColl
1980 Dr John Munro	1999 John Varley
1983 Bruce McLaughlin	2000 John Cook
1986 Maxwell Bloom †	2000 Jean & Ray † Rose
1988 William Wood†	2000 Brian Bergin
1988 Alan Fraser	2001 Christine Ryan
1989 Tony Gibson	2001 Bill Mudford
1989 David Gawler	2001 John Atkinson
1991 Dr Peter Brown	2002 Wayne Lucas
1991 Robert McDowell	2002 Denis Bunn †
1991 Bruce Wainwright	2002 Michael Edney
1993 Ronald Slattery	2002 Peter McPhee
1994 Vic Dye	2003 Dawn & Graham Whiteside
1995 Fr Kevin Dillon	2003 Keith Nunn
1995 Kenneth Rose	2004 Brendan Tunstall
1997 David Murray	2004 Colin Spencer
1998 Ian Young	2005 Fred Wiffrie
1998 Ron Frederick	2006 Les Marton

### PAUL HARRIS FELLOW SAPPHIRE AWARD

2002 Bruce Wainwright

2004 Tony Gibson

2004 John Atkinson

2007 Brian Bergin (Dec)

### FOUR AVENUES OF SERVICE AWARD

2000 John Atkinson

### AUSTRALIAN ROTARY HEALTH RESEARCH FUND COMPANIONS

1994 Roy Knudson † 1996 Dr Peter Brown 1999 David Murray

## Rotary Grace

For good food, good fellowship and the opportunity of service through Rotary, we give thanks.

## Officers for 2007/8

BOARD	PORTFOLIOS
President Sharon Partridge	Membership All Members
IP President: Eva Anderson	New Generations Sharon Partridge
Pres. Elect: David Ayliffe	Communication/Marketing, Public Relations and Photography: Eva Anderson
Vice President : TBA	International and on to Conference: David Ayliffe
Secretary: Jack Butler	Vocational Service: Ivan Munoz
Treasurer and Fundraising: John Atkinson	Fellowship: Bill Mudford
Philip Daw	Attendance: Michael Edney
	Foundation: Ron Frederick
	Bulletin and Program: Wayne Lucas, Philip Daw and Colin Spencer
	Sergeant and Community Service: David Murray

The Rotary Club of Mitcham needs you!

# Helping Hands

The Rotary Club is looking for volunteer shop attendants to help assist in the continued running of our local op-shop.

Why not come and spend a few hours in our fun and happy environment and help support our community and have fun too!



Please call John Atkinson on **9873 3322** for more details!



## *Partridge Prose*

*Good afternoon,*

Well what a great day out for the Melbourne Cup celebrations at the Redbox winery.

Thankyou to our hosts the Spencer Family and all who helped to make it a day to remember, and especially our new member Phil Daw with the help of his son Justin in doing the BBQ.

It was lovely to see so many hats on heads as we all know how much I love wearing them, and we don't do it enough these days. I think it took Colin and Glenys longer to judge the best hat than it took to run the "Melbourne Cup Race"!

It was indeed a terrific fellowship, family and friendship time to meet some of the families that we don't get to see that often, all having a good social time together. It was also great to see the Rotary club of Eltham there in great numbers. The sweeps and raffles made it a great fundraiser day as well.

Thank you all. Please remember the golf day on the 14th November and let John know if you will be playing.

Have a great week,

*Shaz*

Quote of the week : No one can make you feel inferior without your permission (Eleanor Roosevelt)

### ***Advance Australia Fair***

*Australians all let us rejoice, for we are young and free  
We've golden soil and wealth for toil, our home is girt by sea  
Our land abounds in nature's gifts, of beauty rich and rare  
In history's page let every stage, advance Australia fair  
In joyful strains, then let us sing  
Advance Australia fair*

### ***This Week ...***

Tuesday 13th November 2007  
Guest Speaker - Stephen Willis  
Melbourne Ambulance  
President Sharon Partridge  
Desk for November: Eva and David  
Chairman - David Ayliffe

# WHITEHORSE ROTARACT

## Celebrate 40 Years of Rotaract in 2008:

**An International Reunion of Rotaractors is to be held in Australia in 2008. Further details are available by emailing: [rotaract.reunion@gmail.com](mailto:rotaract.reunion@gmail.com)**

## Relay for Life – 17 –18 November:

As in previous years, Rotaract Clubs in District 9810 are participating in the 'Relay for Life' - Whitehorse' Event at the Bill Sewart Athletics Track in East Burwood (near Springvale/Burwood Hwy) - 12pm - 12pm

It's all about working together and forming a team of people who are ready, willing and able to attend, you have 24hrs - so it's your choice - you can come along and walk/run/talk for as little or as long as you choose. The aim is to keep the team baton moving around the track for the entire 24hr period. Last year at Whitehorse they had 34 teams, and this number is set to increase. Teams setup "camp" in the middle of the track and people camp overnight in tents, to ensure the baton keeps moving and people have a chance to rest up.

**To find out more: check out <http://www.relayforlife.org.au/>**

You can register **online - It costs \$15- and this donation includes a long sleeve t/ shirt** - you will be issued with a receipt book - as it's about fundraising and working together in the fight to rid this world of the menace of cancer. Every little bit counts, and any time you can attend is greatly appreciated.

**The more people who register and get involved the more opportunities we have to keep our team on track!**

**If you have any questions please let me know via email [kylierocks@gmail.com](mailto:kylierocks@gmail.com) or 0419106520**

***Kylie Brown***

District Rotaract Representative 2007-08  
PP Rotaract Club of Whitehorse

## *Description of Rotary*

*Rotary is an organisation of Business and Professional persons, united world wide who provide humanitarian service, encourage high ethical standards in all vocations, and help build goodwill and peace in all the world.*



## Share the Spirit of Giving

Traditional Plum Pudding - 1kg family size



Every purchase supports your club, and those in need

A project of the Rotary Club of Collingwood



*Also available:*



Whisky Cake

Traditional Irish Recipe

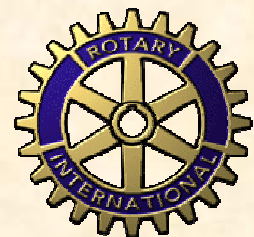


**NEW!** Shortbread Biscuits

For All Occasions

All funds applied to Rotary Community Projects in Whitehorse

Over  
80  
Stalls



After another successful event, make sure you join us at  
the next market on Sunday, December 9th 2007  
8.00 am to 1.00 pm at:  
The Whitehorse Civic Centre 279 Whitehorse Rd  
Nunawading. Enquiries 0438 550068

[www.d9810.rotary.org.au](http://www.d9810.rotary.org.au)

# Diary Dates

## November 2007

- Tuesday 13th      1:00 pm RSL Mitcham - Guest Speaker - Stephen Willis Melbourne Ambulance,  
Talks about DEFIBRILLATORS
- Wednesday 14th    12:00 Ringwood Golf Club - Camp Quality Golf Day. Ringwood Golf Club
- Saturday 17th      11:00 am Camp Quality Christmas Party Campbelltown Miniature Railway  
434 Belgrave Hallam Road, Narrewarren Nth
- Tuesday 20th      Guest Speaker
- Tuesday 27th      1:00 pm RSL Mitcham Guest Speaker - District Governor Dick Garner.

## December 2007

- Tuesday 4th      1:00 pm RSL Mitcham Club Forum Business Matters, Members profile
- Saturday 8th      Whitefriars College Donvale - Seniors Concert    4 pm to 10:30 pm
- Tuesday 11th      1:00 pm RSL Mitcham - Geoff Limmer Romac ,
- Tuesday 18th      Christmas Breakfast
- Tuesday 25th      No meeting

## January 2008

- Tuesday 1st      No meeting
- Tuesday 8th      First meeting. President's barbecue, Halliday Park



**... of the things we think, say or do.**

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?

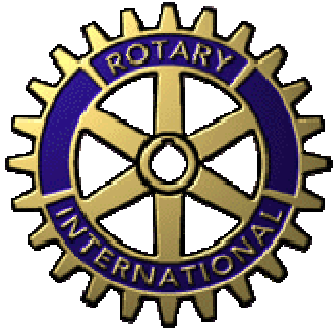
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The Rotary Club of Mitcham

# Annual Golf Day

Wednesday 14th November 2007



12 Noon 2 Tee Start  
Ringwood Golf Course

Canterbury Road, Ringwood (opposite Cadbury's)

## Tournament Naming Sponsorship

It's Your Tournament - \$2,000

(All benefits same as Gold Sponsor)

**Gold Sponsor - 12 Players on the day \$1,500**

Prominent Hole for signage and display of advertising.

Large advertisement in monthly Camp Quality Magazine & Rotary Bulletin

**Silver Sponsor - 4 Players on the day \$500**

No. 10 Hole with large signage.

Advertising in Camp Quality Magazine and Rotary Bulletin

**Bronze Sponsor - 2 Players on the day \$300**

Advertising on a hole

Advertising in Camp Quality Magazine & Rotary Bulletin

**Individual Players - Each \$50**

## SUPPORTING



### Hole Sponsorship Program

Includes: Green Fees, Light Lunch & Presentation Cocktail Party for each Player.

- 18 Holes of Golf on a course rated in the Top 10 Public Courses in Victoria Ambrose Competition
- Advertising at the tee of one hole for one week prior to the event. (Your banner if preferred).
- Attendance at the end of the day Presentation Cocktail Party at the clubrooms, all inclusive. Bring your non playing partner or friends to the cocktail party for only \$25 each.
- Participation in various hole competitions: Closest to the pin, longest drive, straightest drive,

Contact.....John Atkinson 9873 3322  
Fred Wiffrie 9723 2294