

Lunch Meeting

Bulletin
Tuesday 3rd February 2009

Fact Sheet Child Mortality

Children are among the most vulnerable people in the world. Each year:

- Four million newborns die within 28 days of birth.¹
- An estimated 10.1 million children die before reaching their fifth birthday.²
- One million children die from malnutrition.³
- 1.5 million children die from lack of access to safe water.⁴
- Preventable conditions like diarrhoea, malaria, neonatal infection, pneumonia, preterm delivery, or lack of oxygen at birth account for 70% of all child deaths.⁵

Child mortality rates are directly linked to a community's access to safe water, adequate food, decent sanitation, basic medical care, and education.

Effective Solutions

Child mortality is a complex issue that lacks a single solution. However, a number of international development organizations including UNICEF⁶, the World Health Organization⁷, and Save the Children⁸ have suggested the following strategies for reducing child mortality.

- **Invest in inexpensive solutions** – Most child deaths could be prevented by solutions that cost as little as US\$ 1.00 per child.⁹ These include immunizations, breastfeeding, oral rehydration therapy, antibiotics, trained birth attendants, nutritional supplements, and insecticide treated mosquito nets.
- **Educate women and girls** – Educated women and girls are a crucial component to reducing child mortality. As a whole, women and girls who are educated are healthier and better equipped to understand and address the health risks mothers and children face.
- **Train health care providers** – Many communities lack access to trained health care providers who can provide life saving care for children and mothers.
- **Strengthen health systems** – Health systems, particularly in local communities, should be strengthened and expanded to provide technical health interventions to children, mothers, and their families.
- **Promote partnership** – Partnership at local, regional, and national levels enhances the ability of the world community to reduce child mortality by increasing the effectiveness of interventions, minimizing costs, improving accountability, and avoiding the duplication of efforts.
- **Involve governments** – Increasing government support for proven solutions that save the lives of mothers, children and newborns has been an essential part of reducing child mortality rates in countries worldwide.

Rotary Saves Children

Rotary is a world leader in efforts to reduce child mortality. Among Rotary's best known child survival programs is PolioPlus, which has helped immunize millions of children around the world and is used as a model for other major international immunization programs.

Rotary's consistent emphasis on critical development issues like water, health and hunger, and literacy has increased the number of Rotary clubs and districts engaged in projects that help reduce the vulnerability of children worldwide. At the beginning of the 2008, over 50% of all World Community Service health projects addressed issues that reduce child mortality¹⁰. Common Rotary club child mortality prevention projects include programs to train healthcare providers, equip medical clinics, improve child nutrition, increase access to safe water and sanitation, and raise community awareness.

In the 2005-06 Rotary year, The Rotary Foundation awarded over US\$ 30 million¹¹ in grants for Rotary club and district projects, many of which sought to improve the health and wellbeing of children.



Rotary Club of Mitcham Newsletters for the current Rotary Year are viewable in the **NEWS** section of: www.rotarymitcham.com

February 2009



Bill Mudford 25th
Gail Murray 9th Feb



Wedding
Anniversaries

None

Rotary Grace

For good food, good fellowship and the opportunity of service through Rotary, we give thanks.

The Rotary Club of Mitcham needs you!

Helping Hands

The Rotary Club is looking for volunteer shop attendants to help assist in the continued running of our local op-shop.

Why not come and spend a few hours in our fun and happy environment and help support our community and have fun too!

Please call John Atkinson on **9873 3322** for more details!




PAUL HARRIS FELLOWS

Presented by the Rotary Club of Mitcham

1979 Geoffrey Prior	1999 Chris & Ian McColl
1980 Dr John Munro	1999 John Varley
1983 Bruce McLaughlin	2000 John Cook
1986 Maxwell Bloom †	2000 Jean & Ray † Rose
1988 William Wood †	2000 Brian Bergin †
1988 Alan Fraser	2001 Christine Ryan
1989 Tony Gibson	2001 Bill Mudford
1989 David Gawler	2001 John Atkinson
1991 Dr Peter Brown	2002 Wayne Lucas
1991 Robert McDowell	2002 Denis Bunn †
1991 Bruce Wainwright	2002 Michael Edney †
1993 Ronald Slattery	2002 Peter McPhee
1994 Vic Dye	2003 Dawn & Graham Whiteside
1995 Fr Kevin Dillon	2003 Keith Nunn
1995 Kenneth Rose	2004 Brendan Tunstall
1997 David Murray	2004 Colin Spencer
1998 Ian Young	2005 Fred Wiffrie
1998 Ron Frederick	2006 Les Marton

PAUL HARRIS FELLOW SAPPHIRE AWARD

2002 Bruce Wainwright

2004 Tony Gibson

2004 John Atkinson

2007 Brian Bergin (Dec)

2007 Bill Mudford

2007 Colin Spencer

FOUR AVENUES OF SERVICE AWARD

2000 John Atkinson

AUSTRALIAN ROTARY HEALTH RESEARCH FUND COMPANIONS

1994 Roy Knudson † 1996 Dr Peter Brown 1999 David Murray

Officers for 2008/9

BOARD

President:	David Ayliffe
Past Pres:	Sharon Partridge
Pres. Elect:	David Murray
Vice Pres :	David Murray
Secretary:	Philip Daw
Treasurer and Fundraising:	Wayne Lucas

PORTFOLIOS

Membership	David Ayliffe
New Generations	Sharon Partridge
Communication/Marketing, Public Relations and Photography:	Eva Anderson
International and on to Conference:	David Ayliffe
Vocational Service:	Ivan Munoz
Fellowship:	Fred Wiffrie
Attendance:	Fred Wiffrie
Foundation:	Ron Frederick
Bulletin and Program:	Wayne Lucas, Philip Daw and Colin Spencer
Sergeant and Community Service:	David Murray



The President's Ponderings.

First meeting for February brings with it some issues of concern.

THE PARTRIDGE FLIES FREE

The first is for recent past president Sharon Partridge.

Sharon went into emergency at Box Hill hospital on Friday with severe pain from her kidney stones. They kept her in over night and then sent her home. When I spoke to her this morning she confirmed that they had given her some kind of drug called "MORTEIN" which was great in controlling the pain and another benefit I understand she hasn't seen anything of Louie the Fly for days.

To give Sharon her credit, she apologised for the word error... the drug was a little known chemical called Morphine and not Mortein. What a pity as I understand the latter is readily available at supermarkets and corner stores and is legal too!

Please think of Sharon today as finally she undergoes surgery for the stones. Anyone who has had kidney or gall stones knows how painful they can be. Hope you are feeling better soon Shaz.

MOVIE NIGHT WIFF WIFFRIE

Sadly Fred Wiffrie can no longer join us for lunch time meetings because of work commitments. (I can't tomorrow either, so enjoy yourselves without me!)

Fred will however join us for the evening dinner on the 4th Tuesday and for the movie night on the 2nd Wednesday. In fact, Fred will be providing a recommendation for the movies every month. Look out for the email that recommends our movie night for the 11th Feb!

Last time I recommended a movie for us not even I enjoyed it!

ESTATE PLANNING DINNER

As per the flyer this dinner is being pioneered by our Club combined with Cluster Clubs including Rotaract. With the 26th being in the fourth week of February I suggest we have NO TUESDAY DINNER on the 24th but make our one dinner night at Eastern Golf Club on the 26th.

Please encourage friends and family to come. It will be a good night and very informative.

David

David Ayliffe
President, 08/09

Advance Australia Fair

*Australians all let us rejoice, for we are young and free
We've golden soil and wealth for toil, our home is girt by sea
Our land abounds in nature's gifts, of beauty rich and rare
In history's page let every stage, advance Australia fair
In joyful strains, then let us sing
Advance Australia fair*

This Week ...

Tuesday 3rd February 2009

President David Ayliffe

Secretary: Philip Daw

Treasurer: Wayne Lucas

Desk : Colin Spencer

Colin's Corner



Poem about our Australian summer (Australian Classic) *Censored*

'Today we mourn the passing of a beloved old friend, Common Sense, who has been with us for many years. No one knows for sure how old he was, since his birth records were long ago lost in bureaucratic red tape. He will be remembered as having cultivated such valuable lessons as: Knowing when to come in out of the rain; why the early bird gets the worm; Life isn't always fair; and maybe it was my fault.

Common Sense lived by simple, sound financial policies (don't spend more than you can earn) and reliable strategies (adults, not children, are in charge).

His health began to deteriorate rapidly when well-intentioned but overbearing regulations were set in place. Reports of a 6-year-old boy charged with sexual harassment for kissing a classmate; teens suspended from school for using mouthwash after lunch; and a teacher fired for reprimanding an unruly student, only worsened his condition.

Common Sense lost ground when parents attacked teachers for doing the job that they themselves had failed to do in disciplining their unruly children.

It declined even further when schools were required to get parental consent to administer sun lotion or an Elastoplast to a student; but could not inform parents when a student became pregnant and wanted to have an abortion.

Common Sense lost the will to live as the Ten Commandments became contraband; churches became businesses; and criminals received better >treatment than their victims. Common Sense took a beating when you couldn't defend yourself from a burglar in your own home and the burglar could sue you for assault.

Common Sense finally gave up the will to live, after a woman failed to realize that a steaming cup of coffee was hot. She spilled a little in her lap, and was promptly awarded a huge settlement.

Common Sense was preceded in death by his parents, Truth and Trust; his wife, Discretion; his daughter, Responsibility; and his son, Reason. He is survived by his 4 stepbrothers; I Know My Rights, I Want It Now, Someone Else Is To Blame, and I'm A Victim.

Not many attended his funeral because so few realized he was gone.

R I P

IT'S FUN BEING IN ROTARY!!!

**ROTARY CLUB OF MITCHAM
Meets at Mitcham RSL Club, 26
McDowall St. Mitcham**

LUNCH Meetings:

1st, 2nd, 3rd and 5th Tuesday

12:30 for 1:00pm for lunch

EVENING Meeting:

4th Tuesday 6.30 for 7.00pm

Dinner

Join us at the Movies

6.30 pm Hoyts Eastlands

2nd Wednesday of every month

**Know anyone who'd like
to join Rotary? Invite
them to a meeting!**

Rotary Clubs and Membership

Rotary is a worldwide organisation of business and professional people that provides humanitarian service, encourages high ethical standards in all vocations and helps build goodwill and peace in the world. Approximately 1.2 million Rotarians belong to more than 32000 Rotary Clubs located in over 200 countries.

Clubs may differ from each other in demographic terms, meeting times and venues, but all have the same aims of making the world a better place, locally and internationally, while at the same time strengthening established friendships and creating new ones.

One of 51 clubs in Rotary District 9810, the Rotary Club of Mitcham has served its local community, and participated in many international projects since its charter in 1979. In these busy days, it is not so easy for young business and professional people to set aside a little bit of time to participate in Rotary functions. Those who do, are rewarded beyond belief. Support for Camp Quality - Kids living with Cancer, the International Polio Plus worldwide Polio eradication program, International Student Exchange, Rotary Youth Leadership Awards and many other fantastic opportunities exist. Giving immense satisfaction to all who are involved.



... of the things we think, say or do.

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?

The Objects of Rotary

To encourage and foster the idea of service as a basis of worthy enterprise and in particular:

- first** The development of acquaintance as an opportunity for service.
- second** High ethical standards in business and professions, the recognition of the worthiness of all useful occupations and the dignifying by each Rotarian of this occupation as an opportunity to serve society.
- third** The application of the ideal of service by every Rotarian's personal, business and community life.
- fourth** The advancement of international understanding, goodwill and peace, through the world fellowship of business and professional men and women united in the ideal of service.

Description of Rotary

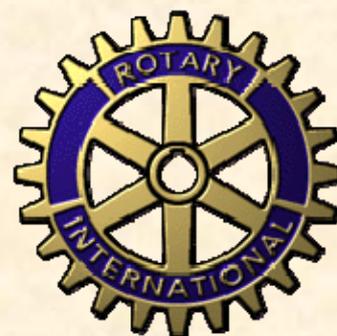
Rotary is an organisation of Business and Professional persons, united world wide who provide humanitarian service, encourage high ethical standards in all vocations, and help build goodwill and peace in all the world.

www.d9810.rotary.org.au

Diary Dates

February 2009

All funds applied to Rotary Community Projects in Whitehorse



After another successful event, make sure you join us at
the next market on **Sunday, 8th February 2009**

8.00 am to 1.00 pm at:

**The Whitehorse Civic Centre 279 Whitehorse Rd
Nunawading. Enquiries 0438 550068**

The First One for 2009! Be There!

www.rotarymitcham.com