

Rotary Club of Mitcham

District 9810 Victoria Australia



Lunch Meeting Noelene Duff, CEO City of Whitehorse

Bulletin

Tues 9th March 2010



At my age...
everything I buy comes with a lifetime guarantee!

www.pmcaregivers.com/Humor.htm



Don't worry about tomorrow!

After all, today is the tomorrow you worried about yesterday.

www.pmcaregivers.com/Humor.htm

UNMASKED: THE PROJECT

First time mothers are often under-represented in mainstream activities due to the demands of caring for their new-borns.

New mothers are also at risk of isolation and post-natal depression.

Using Art Therapy, this community project seeks to empower women from a variety of backgrounds to have a voice and connect with others in similar situations.



UNMASKED is a community project initiated by two new mothers from Whitehorse and supported by the Box Hill Community Arts Centre.



CONTACT

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MOTHERHOOD: UNMASKED



AN INVITATION
FOR NEW MOTHERS IN
WHITEHORSE



Rotary Club of Mitcham Newsletters for the current Rotary Year are viewable in the **NEWS** section of: www.rotarymitcham.com

MARCH 2010



**1st Merle Atkinson
Joan Daw
15th Jill Mudford**



**Wedding
Anniversaries**

16th Jack & Pam Butler



PAUL HARRIS FELLOWS Presented by the Rotary Club of Mitcham

- | | |
|-------------------------|------------------------------|
| 1979 Geoffrey Prior | 1999 John Varley |
| 1980 Dr John Munro | 2000 John Cook |
| 1983 Bruce McLaughlin | 2000 Jean & Ray † Rose |
| 1986 Maxwell Bloom † | 2000 Brian Bergin † |
| 1988 William Wood † | 2001 Christine Ryan |
| 1988 Alan Fraser | 2001 Bill Mudford |
| 1989 Tony Gibson | 2001 John Atkinson |
| 1989 David Gawler | 2002 Wayne Lucas |
| 1991 Dr Peter Brown | 2002 Denis Bunn † |
| 1991 Robert McDowell | 2002 Michael Edney † |
| 1991 Bruce Wainwright | 2002 Peter McPhee |
| 1993 Ronald Slattery | 2003 Dawn & Graham Whiteside |
| 1994 Vic Dye | 2003 Keith Nunn |
| 1995 Fr Kevin Dillon | 2004 Brendan Tunstall |
| 1995 Kenneth Rose | 2004 Colin Spencer |
| 1997 David Murray | 2005 Fred Wiffrie |
| 1998 Ian Young | 2006 Les Marton |
| 1998 Ron Frederick | 2009 Eva Anderson |
| 1999 Chris & Ian McColl | 2009 Sharon Partridge |

PAUL HARRIS FELLOW SAPPHIRE AWARD

- 2002 Bruce Wainwright
- 2004 Tony Gibson
- 2004 John Atkinson
- 2007 Brian Bergin (Dec)
- 2007 Bill Mudford
- 2007 Colin Spencer

FOUR AVENUES OF SERVICE AWARD

- 2000 John Atkinson

AUSTRALIAN ROTARY HEALTH RESEARCH FUND COMPANIONS

- 1994 Roy Knudson †
- 1996 Dr Peter Brown
- 1999 David Murray

Rotary Grace

For good food, good fellowship and the opportunity of service through Rotary, we give thanks.

Officers for 2009/10

BOARD

- President:** David Murray
- Past Pres:** David Ayliffe
- Pres. Elect:** Wayne Lucas
- Vice Pres :** TBA
- Secretary:** John Atkinson
- Treasurer:** Wayne Lucas
- Membership:** Philip Daw
- Fundraising:** Colin Spencer
- Community:** Ron Frederick
- New Generations:** Sharon Partridge

OTHER PORTFOLIOS

- International and on to Conference:** Wayne Lucas
- Fellowship:** David Murray
- Attendance:** Sharon Partridge
- Foundation:** Ron Frederick
- Bulletin:** Philip Daw and Colin Spencer
- Program:** Philip daw / members
- Sergeant and Community Service:** Colin Spencer
- Public Officer:** Ron Frederick
- Internet / Website:** Colin Spencer
- Op Shop:** Jack Butler/ John Atkinson

The Rotary Club of Mitcham needs you!

Helping Hands

The Rotary Club is looking for volunteer shop attendants to help assist in the continued running of our local op-shop.

Why not come and spend a few hours in our fun and happy environment and help support our community and have fun too!



Please call John Atkinson on **9873 3322** for more details!

President David Murray 2009 - 2010



Wow, now that was a storm. The only time I can remember anything even close to that was many years ago. It was my first and last attempt at growing tomatoes and after that storm all that was left of the tomatoes was part of the stem.

It was about then that I gave up my dream of one day having a stand at the Whitehorse Farmers Market selling tomatoes. Now while I have your attention, the market is this week end and we need your help so please give up a few hours Sunday morning to man the entry donation areas and help assist one of our main Rotary fundraisers.

On the thirteenth of April our guest speaker will be Mr Gordon Kirk. He will be showing us the new Suture box that will be sent out to areas that are in need after suffering some type of disaster. This should be very interesting and informative.

Our fantastic film night is definitely going ahead. Stay tuned to this channel for times and movie as they become available from Mr Movies, Phillip Daw.

Enjoy The Week
President David

The very first
“senior moment.....?”

How dinosaurs
became extinct!



MEDIA RELEASE/COMMUNITY SERVICE ANNOUNCEMENT
 ROTARY CLUB OF MANNINGHAM, District 9810 - 17 February 2010

"BOWELSCAN SAVES LIVES"

Twenty-five men and women living in Melbourne's eastern suburbs had life-saving procedures during the past four years following early detection by using a Bowelscan test kit.

"These people are thrilled with our early bowel cancer detection program provided by Bowelscan", said Ian Coleman, Rotary Bowelscan Program Co-ordinator.

During May only, Rotary will run its annual bowel cancer public awareness and early detection program for over -40s with a \$6 bowelscan test kit and free pathology processing available from many pharmacies. Visit www.rotarymanningham.org to find your nearest pharmacy or call Ian Coleman on 0402 293 229."

Purchasers just take the kit home and follow the clear instructions and return it to the pharmacy as soon as possible.

Rotary then sends the test kit to the pathology laboratory for analysis and the results are mailed to the customer – positives immediately, and negatives in early July.

Mr Coleman said, "The kits detect microscopic bleeding from the bowel and early detection is the key to beating the disease."

"We know that every year in Australia there are going to be 12,000 new cases of bowel cancer and 5,000 deaths from bowel cancer.

Early detection of bowel cancer gives you a 90 per cent chance of being cured.

We recommend to all men and women 40 years and over – for your family's sake, beat bowel cancer by early detection. Pass the message on", urged Mr Coleman.

For further information contact:

or Ian Coleman on 0402 293 229

As this vital program only operates from 1 to 31 May, I am keen to get this Community Service Announcement in the local media for publication in the last week in April or the first week in May.

Advance Australia Fair

*Australians all let us rejoice, for we are young and free
 We've golden soil and wealth for toil, our home is girt by sea
 Our land abounds in nature's gifts, of beauty rich and rare
 In history's page let every stage, advance Australia fair
 In joyful strains, then let us sing
 Advance Australia fair*

This Week ...

**President David Murray
 Secretary: John Atkinson
 Treasurer: Wayne Lucas
 Desk : Sharon Partridge**

Colin's Corner



Best funny of the Year

A teacher asked her 6th grade class how many of them were Rudd fans.
 Not really knowing what a Rudd fan is, but wanting to be liked by the teacher, all the kids raised their hands
 except for the infamous, Little Billy, in the front row.
 The teacher asked Little Billy why he has decided to be different.
 'Because I'm not a Rudd fan.'
 The teacher asked, 'Why aren't you a Rudd fan?'
 'Because I'm a Liberal.'
 The teacher asked him why he's a Liberal.
 Billy proudly answered, 'Well, my Mom's a Liberal and my Dad's a Liberal, so I'm a Liberal.'
 Annoyed by this answer, the teacher asked, 'If your mom was a moron and your dad was an idiot, what would that make you?'
 With a big smile, Billy replied,
 'That would make me a Rudd fan.'

FARMERS MARKET – SET FOR AUTUMN

With the stunning autumn weather of crisp evenings and mornings with sunny days in between – what better way to enjoy a Sunday morning than by strolling through the Whitehorse Farmers Market.

With over seventy stall holders sharing their farm grown produce with the city folk, it is a sight to see as the crowds flock in from 8am through to 1pm.

Colour galore with amazing flowers, oranges and orange juice, honey from Mildura, vegetables direct from the farm from the Peninsula, Swan Hill or other rural communities. The queues for the stunning meats of several varieties are a sight to behold, pasta, breads, our regular egg suppliers from Green Eggs and Jeni's Eggs and olives and chocolates!

To accompany your coffee, why not enjoy an Egg & Bacon Sandwich from the Rotary stand or a delicacy from one of the many vendors with "tempters" so perfect in taste!

Sunday 14th March - Mark your diary now!

Where: At the rear of the Nunawading Civic Centre, Maroondah Highway, Nunawading
 (Between Springvale Road & Rooks Road)



Rotary Clubs and Membership

Rotary is a worldwide organisation of business and professional people that provides humanitarian service, encourages high ethical standards in all vocations and helps build goodwill and peace in the world. Approximately 1.2 million Rotarians belong to more than 32000 Rotary Clubs located in over 200 countries.

Clubs may differ from each other in demographic terms, meeting times and venues, but all have the same aims of making the world a better place, locally and internationally, while at the same time strengthening established friendships and creating new ones.

One of 51 clubs in Rotary District 9810, the Rotary Club of Mitcham has served its local community, and participated in many international projects since its charter in 1979. In these busy days, it is not so easy for young business and professional people to set aside a little bit of time to participate in Rotary functions. Those who do, are rewarded beyond belief. Support for Camp Quality - Kids living with Cancer, the International Polio Plus worldwide Polio eradication program, International Student Exchange, Rotary Youth Leadership Awards and many other fantastic opportunities exist. Giving immense satisfaction to all who are involved.



... of the things we think, say or do.

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?

The Objects of Rotary

To encourage and foster the idea of service as a basis of worthy enterprise and in particular:

- first** The development of acquaintance as an opportunity for service.
- second** High ethical standards in business and professions, the recognition of the worthiness of all useful occupations and the dignifying by each Rotarian of this occupation as an opportunity to serve society.
- third** The application of the ideal of service by every Rotarian's personal, business and community life.
- fourth** The advancement of international understanding, goodwill and peace, through the world fellowship of business and professional men and women united in the ideal of service.

Description of Rotary

Rotary is an organisation of Business and Professional persons, united world wide who provide humanitarian service, encourage high ethical standards in all vocations, and help build goodwill and peace in all the world.

www.d9810.rotary.org.au

Diary Dates

March 2010

ROTARY CLUB OF MITCHAM

Meets at Mitcham RSL Club, 26 McDowall St. Mitcham

LUNCH Meetings:

Tuesdays 12:30 for 1:00pm for lunch

Coming meetings:

9th March

Noelene Duff, CEO, City of Whitehorse

16th March

Shannon Harmer, Young Mothers

All funds applied to Rotary Community Projects in Whitehorse



**After another successful event, make sure you join us at
the next market on a Sunday, 14th March 2010**

8.00 am to 1.00 pm at:

**The Whitehorse Civic Centre 279 Whitehorse Rd
Nunawading. Enquiries 0438 550068**

www.rotarymitcham.com